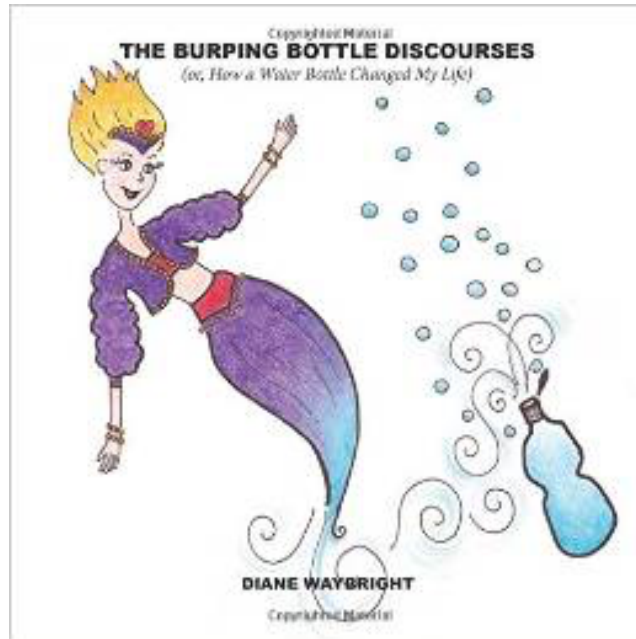


BOOK REVIEW

Diane Waybright. *The Burping Bottle Discourses (or, How a Water Bottle Changed My Life)*
Reviewed by Deryn Winchester



A Book that Will Bubble Up Your True Effervescence

Humans find guidance and insight from many different sources, Diane Waybright, the author and TMI Outreach Facilitator, found hers in a water bottle that ignited her to write “The Burping Bottle Discourses (Or, How a Water Bottle Change My Life). “

Waybright’s attention was drawn to timing and persistence of her water bottle’s behavior. Each time the bottle made a burping noise, she found that she was illuminated with a new insight that bubbled up from within and connected her to inspiration without. Over a period of time, these divine mini-lessons guided her to make changes that transformed her life in profound and beautiful ways.

Creatively illustrated in a joyful way, this upbeat adventure takes the author from the countryside of Athens, Georgia to the city of Tucson, in Arizona where she rediscovers her True Self. Waybright uses a collection of clever metaphors followed by perceptions of divine insight from her spiritual water bottle team. Any reader will be able to apply this artful collection of insights to their own journey to awaken their own inner-guidance and heal the wonderful mishaps created along the way.

This cute square-book delivers beautiful glimpses of the struggles we face as humans and gives the reader a driver's map around the potholes. Waybright makes you realize that we can create the magic of transformation for ourselves if we only choose to take the time to breathe and discover the synchronicities artfully placed around us.

Waybright insures that there is nothing to fix within, just the joy of honoring, loving, and hugging our bumpy lump selves and inviting our mystical Self to step forward in full glory. "When you live with passion the forces of the universe gather to help you and guide you. It may mean jumping into the void, but if that is where your heart is leading, that leap will become flight and you will soar."